

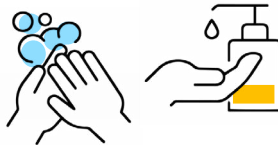
# 5 essential preventive measures in daycare centres



COVID-19



## 1 HANDWASHING



Encourage **frequent handwashing** as part of the daily routine:

- Install posters and handwashing stations in key areas: (entrance, playroom, etc.)
- Verbally remind children and staff often.

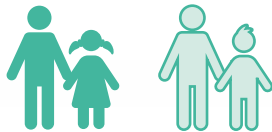
## 2 DAILY QUESTIONNAIRE ABOUT SYMPTOMS



**Check** children and staff for **symptoms** every day:

- Before the daycare opens, ideally electronically (email or text message).
- During the day, symptomatic children or educators must be sent home.
- Encourage symptomatic individuals to get tested.

## 3 INDEPENDENCE OF GROUPS



Try to keep the **same educators** with the **same children** as much as possible:

- Avoid using floating educators.
- Keep children from a same family together in a same group.



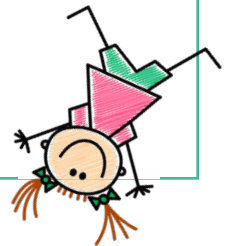
**Keep the groups separate** even during the time when children first arrive and when they are leaving.

## 4 PROCEDURE MASK

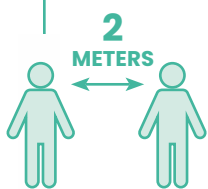


Strongly encourage adults to wear **procedure masks** (disposable):

- Especially when it isn't possible to maintain a distance of 2 metres.



## 5 DISTANCING BETWEEN ADULTS AT ALL TIMES



- Insist especially on adults keeping a distance of 2 metres between each other. Be flexible when it comes to distancing between children during free play.
- Take advantage of the nice weather: playing outdoors makes it easier for adults and children to maintain distancing.
- Schedule parents' arrival at the daycare: to avoid gatherings, space out the times when children are dropped off and picked up, and use another door if needed.



For telephone support, contact Montréal's regional public health department: : 514 528-2400

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